



***Got a Bad Boss? Work that Boss to Get What You Want at Work***

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*Got a Bad Boss? Work that Boss to Get What You Want at Work* is recommended for any employee who has a bad, miserable boss without the luxury and option of quitting the job. Now, there are plenty of bosses who are everything from selfish and cruel to just plain crazy: good luck with trying to change their basic personalities.

What this book advocates instead are strategies to change the *relationship* with such an individual - and that is done by first identifying a Bad Boss's secret fears and desires and then one's own personal strengths, reworking those parameters to make for better interactions.

It's both harder and easier than it sounds: harder because the process of such identification requires a good degree of self-analysis and the ability to analyze others; easier because in fact *Got a Bad Boss?* is the stepping stone to achieving this level of psychological inspection. The ability to turn the 'impossible' into documented achievement requires a detailed knowledge of psychological profiles and how they work, and *Got a Bad Boss?* provides these keys to nailing a boss's profile and working within that outline.

Chapters offer prototypes of different 'bad boss' habits, from egomaniacs to incompetents, and provide keys to placing a 'bad boss' in the right category for considering effective responses to behaviors. The goal is to assure that the boss has a feeling of success directly attributable to employee (i.e. your) actions.

Got a good boss right now? Think you therefore don't need to keep this reference on hand? *Nobody* is immune to the possibility of getting a bad boss: the focus on how to thrive under various diverse personality types will thus prove invaluable to *any* employee at one time or another in their career.

The author is a practicing psychologist as well as a trial consultant to major corporations, so she operates in two worlds: that of business and that of mental health. The meat of her title's focus (which neatly differentiates it from other employee guides) lies in its more aggressive suggestions that go beyond simple survival strategies and enter into the realm of prospering under adverse conditions: "...you don't need defensive maneuvers, as in *"How do I survive my tyrannical boss?"* You need attack strategies, as in *"How do I get promotions, raises, whatever I want and need from my expletive-deleted boss?!"*

Case histories throughout document different boss personality types, their likely methods of manipulation, and provide guidelines for adjusting employee responses and behaviors to gain better results from every interaction. Specifics on how to 'work' these different personality types are clear and involve doing 'reality checks' on both the gripe and one's own goals in the workplace.

By moving the blame from the boss alone and encouraging self-examination, *Got a Bad Boss?* creates an all-around formula for success based on a healthy dose of self-growth and change. It's not for those who would assign blame to others alone, but for readers who would re-examine their own goals, reactions, and motivations; there to discover the 'bad boss' scenario may be one of mutual participation. The result is a reference that should be in any employee's toolbox - and in any business reference collection.

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